

## **Instructions for Tilt Table Testing**

### **MORNING TESTING**

8:00 am, 9:30 am, 11:00 am

Nothing to eat or drink about midnight

You may take your medications with a sip of water

### **AFTERNOON TESTING**

12:30 pm:

Clear liquids up until 7:00 am; for example: tea without milk, Coffee

**NO ORANGE JUICE**

You may take your medications with a sip of water

**PLEASE NOTE: ALL DIABETIC PATIENTS SHOULD HAVE THEIR TILT TABLE TEST SCHEDULED BEFORE 11:00 AM.**